Scarborough Diagnostic Center
Cardiac Lab
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FREE PARKING

Cardiology Diagnostics / Referral / Consultation Form

Patient Name: _____ Health Card Number: _____

Birth Date: _____ Age:_____ Sex:_____ 1. Please complete form and fax

Address:_____ 2. See back page for patient instructions

Phone Number: _____ Referring Physician: _____

CARDIOLOGY

- ☐ ECG
- ☐ Ambulatory BP Monitoring
- ☐ Holter Monitoring ☐ 24H ☐ 48H ☐ 72H
- ☐ Event Monitoring
- ☐ (Loop Recording 14 days)
- ☐ Angiogram
- ☐ TEE
- ☐ Cardiac Path
- ☐ 2 D - Echocardiogram
- ☐ Contrast Echocardiography
- ☐ Exercise Stress Test
- ☐ Stress Echocardiography
- ☐ Cardiology Consultation

Reason for referral: _____

Note: Please forward previous ECGs, Chest X-rays, blood work and cardiac assessments if available.

Other Tests eg. Nuclear, TEE, Cardiac Path etc. will be arranged if needed.

CLINICAL INFORMATION

- ☐ Hypertension
- ☐ R/O White coat HTN
- ☐ LVH
- ☐ Diabetes
- ☐ Dyslipidemia
- ☐ R/O CAD (IHD)
- ☐ CAD
- ☐ IHD
- ☐ Post MI/CABG/PTCA
- ☐ CHT
- ☐ Stroke
- ☐ Heart Murmur
- ☐ Heart defect
- ☐ Emphysema /COPD
- ☐ Pacemaker
- ☐ Arrhythmia
- ☐ Rhythm Assessment
- ☐ Pre-op
- ☐ Chest Pain
- ☐ Chest Discomfort
- ☐ Shortness of breath
- ☐ Smoker
- ☐ Overweight / Obesity
- ☐ Pre-Syncope
- ☐ Syncope
- ☐ Dizziness
- ☐ Light Headedness
- ☐ Palpitation
- ☐ Abnormal ECG
- ☐ Fatigue
- ☐ Weakness
- ☐ Leg Swelling
- ☐ Family history of:
- ☐ Other:

Please bring all list of medication if available.

Physician Signature: _____

PATIENT INSTRUCTIONS / INFORMATION

ECG - Based on measurement of the electrical activity of the heart. Duration: around 15 minutes.

Echocardiography - Based on the use of ultrasound waves to study the heart. Duration: around 30 minutes.

Exercise Stress Test - Involves walking and / or running on a treadmill. Please wear comfortable shoes. For Women: Please wear a bra and 2-piece outfit for your convenience (don't wear a dress). Don't take coffee or tea prior to the test. Have a light meal before the test. If you are taking Beta Blockers and / or Calcium Channel Blockers, please consult your doctor regarding stopping the medication. Duration: Up to 60 minutes.

Stress Echo - The same as exercise stress test with the addition of echocardiography, done before and after the stress test. Duration: up to 60 minutes.

Please arrive at least 10 minutes before your appointment. Please bring interpreter / translator with you to the appointment if you cannot communicate / understand English. Cancellation / Re-booking: please note that 24 H notice is required for cancellation of your appointment. Please call no later than 3pm the day before the appointment for rescheduling. We are striving to ensure that patients have their appointments on time, however, you might be requested to wait longer than anticipated.